

Pupils have the option to select AQA GCSE PE and Cambridge National Sport Studies Level 1/2 in KS4, in addition all students have 2 hours of physical activity in 'Sport Education'.

AQA GCSE PE

Paper 1: The human body and movement in physical activity and sport. 30% of GCSE.

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

How it's assessed

- Written exam: 1 hour 15 minutes. 78 marks.

Paper 2: Socio-cultural influences and well-being in physical activity and sport. 30% of GCSE.

- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

How it's assessed

- Written exam: 1 hour 15 minutes. 78 marks.

Non-exam assessment: Practical performance in physical activity and sport. 40% of GCSE.

- Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity). For each of their three activities, students will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity).
- Analysis and evaluation of performance to bring about improvement in one activity. Students will be assessed on their analysis (15 marks) and evaluation (10 marks) of performance to bring about improvement in one activity.

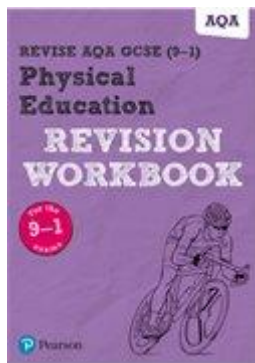
How it's assessed

- Assessed by teachers
- Moderated by AQA

Resources:

Revise AQA GCSE (9-1) Physical Education Revision Workbook

£5.99



Websites:

<https://www.bbc.co.uk/bitesize/examspecs/zp49cwx>

<https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/>

<https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/>

<https://www.peresourcesbank.co.uk/gcse-pe-9-1-30-day-challenge-edexcel-aqa-ocr/>

OCR Cambridge National Sport Studies

The Cambridge National Certificate in Sport Studies is 120 GLH. **The main topics covered are:**

- **Contemporary issues in sport**

How it's assessed -Written paper OCR set and marked. 1 hour – 60 marks (60 UMS)

- **Developing sports skills**

How it's assessed-Centre-assessed, OCR-moderated. 60 marks (60 UMS)

- **Sports leadership**

How it's assessed- Centre-assessed, OCR-moderated. 60 marks (60 UMS)

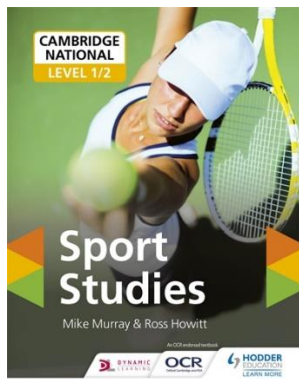
- **Sport and the media**

How it's assessed- Centre-assessed, OCR-moderated. 60 marks (60 UMS)

Resources:

Cambridge National Level 1/2 Sport Studies Mike Murray, Ross Howitt

£22.99



Websites:

<https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/assessment/>

<https://www.peresourcesbank.co.uk/ocr-january-2020-cambridge-nationals-exams-sport-studies-sport-science/>